



## Working With Children Resource List

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### ***Resources for this course were sourced from:***

[www.bellasumbas.com](http://www.bellasumbas.com) Bella's Bumbas began in Webster, NY with the intention of providing one little girl, Bella, with a means to become mobile and navigate the world on her own. That initial intention has blossomed into Bella's Bumbas LTD, which has provided over 3,000 chairs to children worldwide.

[www.canchild.ca](http://www.canchild.ca) CanChild research efforts focus on children and youth with disabilities and their families. As a world-leader in the field, CanChild strives to generate innovative knowledge and translate research in an accessible way that is relevant and meaningful to those who need it most: families and service providers.

[www.aacpdm.org](http://www.aacpdm.org) The American Academy for Cerebral Palsy and Developmental Medicine (AACPDM) is an Academy of over 1,100 health professionals dedicated to advancing the health and well-being of all individuals with cerebral palsy and other childhood-onset disabilities.

[International Classification of Functioning, Disability and Health \(ICF\)](#) Classification of Functioning, Disability and Health, known more commonly as ICF, is a classification of health and health related domains. The ICF was officially endorsed by the World Health Organization (WHO) in May 2001.

[www.wheelchairskillsprogram.ca](http://www.wheelchairskillsprogram.ca) The Wheelchair Skills Program (WSP) is a set of free online low-tech, high impact, evidence-based resources for the assessment and training of the wheelchair skills of users of manual wheelchairs, powered wheelchairs and motorized mobility scooters.

[Go Baby Go - Cerebral Palsy Foundation](#) Go Baby Go was founded by Professor Cole Galloway as part of a research project at the University of Delaware but researchers have now trained volunteers in more than 40 communities nationally and internationally with satellite sites all over the world to expand availability.

[Eleanore's Project](#) Since 2007 Eleanore's Project has worked in partnership with Yancana Huasy - a wrap-around disability program located in San Juan de Lurigancho, a district of Lima, Peru. We provide wheelchairs and other rehabilitation equipment, together with mentoring of Yancana Huasy occupational and physical therapists. Each year we travel to Peru to work alongside them, fitting wheelchairs and providing other support so they can carry the work on during the rest of the year.

[AboutKidsHealth - The Hospital for Sick Children \(SickKids\)](#) AboutKidsHealth is a health education resource for children, youth and caregivers that is approved by health-care providers at The Hospital for Sick Children. AboutKidsHealth empowers families to become a partner in their own health care by equipping them with reliable, evidence-based health information. It makes complex health information easy to understand for families, and makes it immediately available whenever and wherever they have questions about child health regardless of where they are in Canada or the world

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[About Us – SeekFreaks](#) Once upon a time in the big city, a lithe PT administrator sought an expert school-based PT to present practical information to his team. One lazy afternoon, he stumbled across the website of an uber-gregarious PT administrator from the small-town south. He was taken with the content of the website; however, the first face-to-face meeting was a bit awkward.

Once the conversation started and ideas flowed, they each recognized the kindred freak in the other. Visually, it was a funhouse mirror reflection for sure! But, mentally, the connection was clear — *both sought best practices and how to advance physical therapy in the educational setting.*

Thanks to the internet, Laurie aka ‘country freak’ and Carlo aka ‘city freak’ have now banded together to seek and share information with other freaks in the US and beyond!

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*The Early Childhood Coaching Handbook, Second Edition By Dathan Rush, M'lisa Shelden--isbn 978-1-68125-256-8. [Tender documents : T461887476, 461887476].* (2021). SyndiGate Media Inc

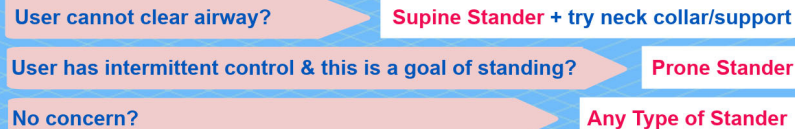
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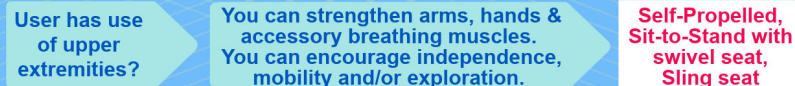
# Choosing a Stander

Written by Ginny Paleg, PT, DScPT, MPT  
and Laura Money, PT  
Created by Carlo Vialu, PT, MBA,  
[www.SeekFreaks.com](http://www.SeekFreaks.com)

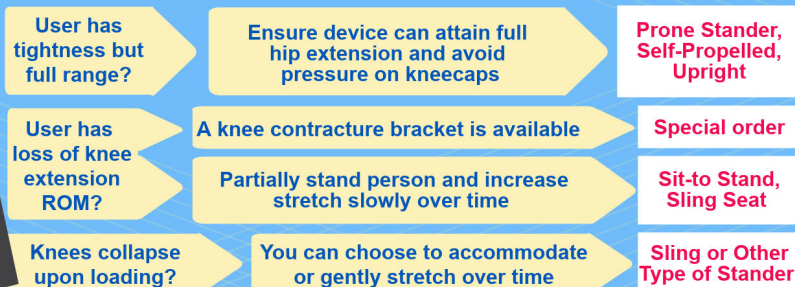
## HEAD CONTROL



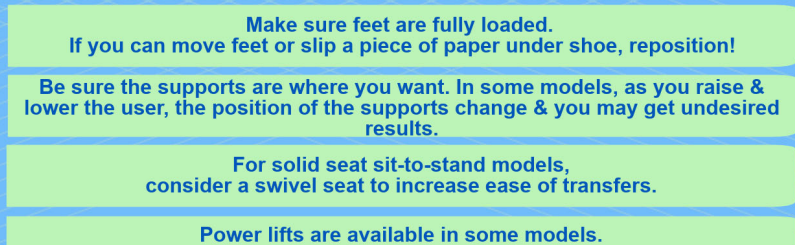
## ARMS/HANDS



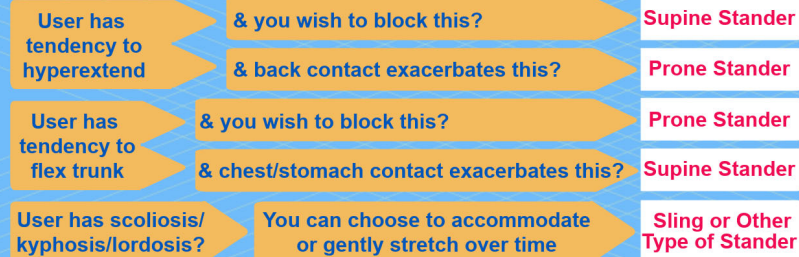
## KNEES



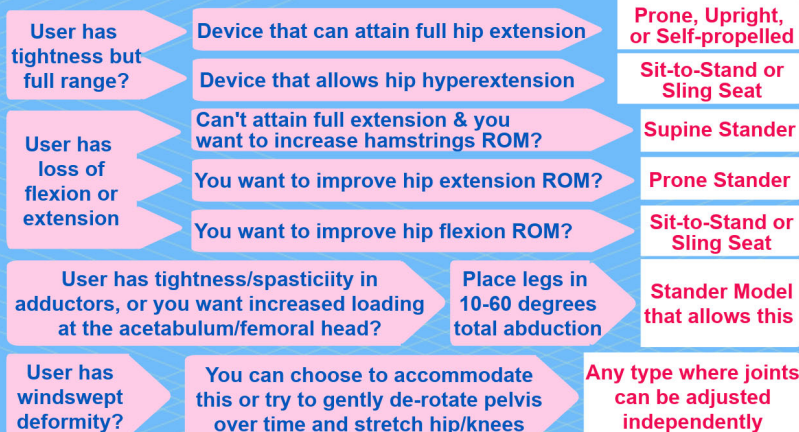
## ADDITIONAL RECOMMENDATIONS



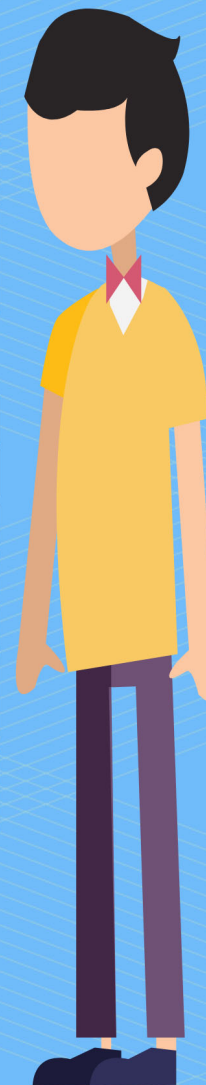
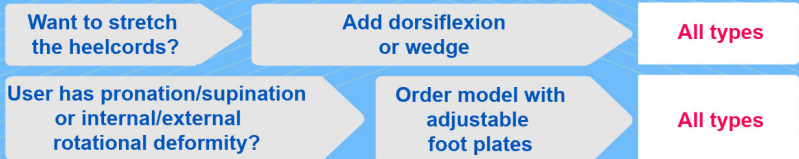
## TRUNK/SPINE



## HIPS



## ANKLES



# The Six F-Words for Child Development

1



## FUNCTIONING

I might do things differently but I CAN do them. How I do it is not important. Please let me try!



2

## FAMILY

My family knows me best and I trust them. Listen to them. Talk to them. Hear them. Respect them.

3



## FITNESS

Everyone needs to stay fit and healthy both physically and mentally. Help me find ways to keep fit.



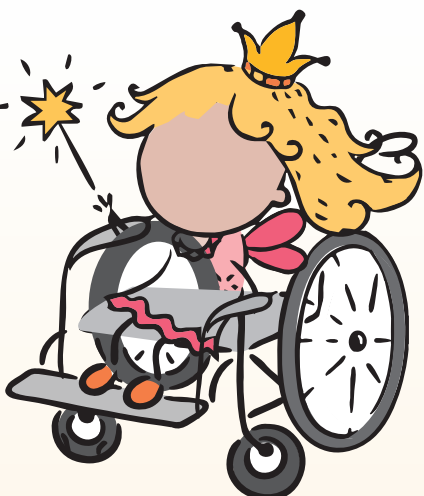
4

## FRIENDS

Having friends is important. Please give me opportunities to make friends.



5



## FUN

Life is about having fun. Please help me do the activities that I find the most fun.



6

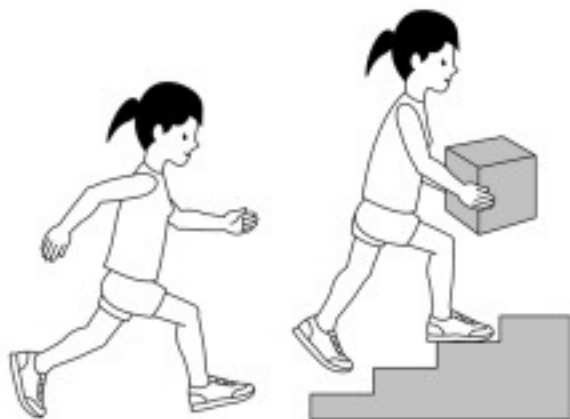
## FUTURE

I am growing up every day, so please find ways for me to participate and be included in my community

<https://www.canchild.ca/en/research-in-practice/f-words-in-childhood-disability>

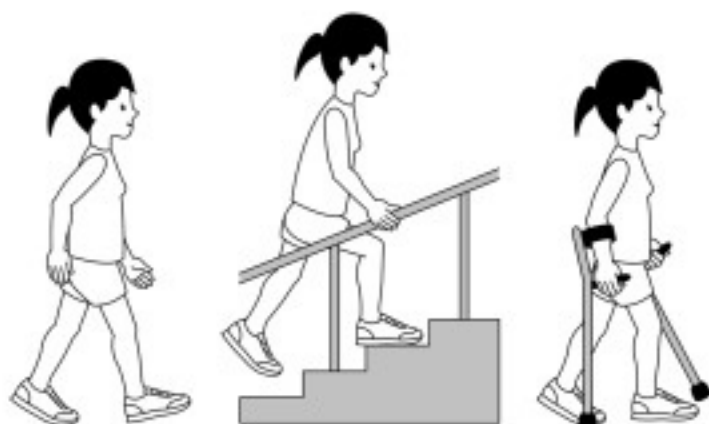
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## GMFCS Level I

Youth walk at home, school, outdoors and in the community. Youth are able to climb curbs and stairs without physical assistance or a railing. They perform gross motor skills such as running and jumping but speed, balance and coordination are limited.



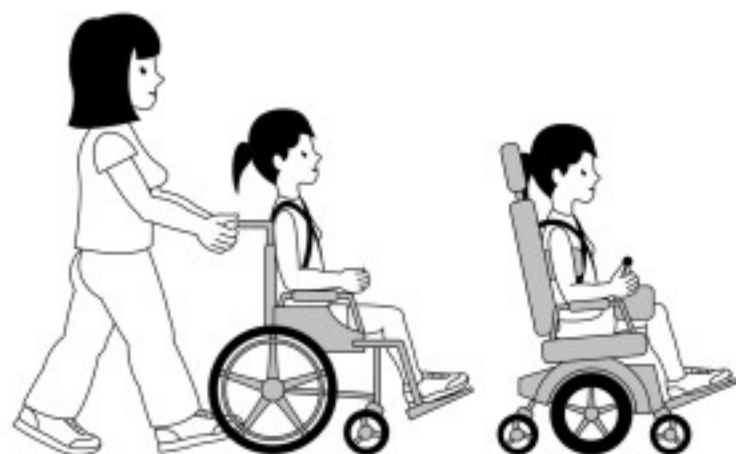
## GMFCS Level II

Youth walk in most settings but environmental factors and personal choice influence mobility choices. At school or work they may require a hand held mobility device for safety and climb stairs holding onto a railing. Outdoors and in the community youth may use wheeled mobility when traveling long distances.



## GMFCS Level III

Youth are capable of walking using a hand-held mobility device. Youth may climb stairs holding onto a railing with supervision or assistance. At school they may self-propel a manual wheelchair or use powered mobility. Outdoors and in the community youth are transported in a wheelchair or use powered mobility.



## GMFCS Level IV

Youth use wheeled mobility in most settings. Physical assistance of 1-2 people is required for transfers. Indoors, youth may walk short distances with physical assistance, use wheeled mobility or a body support walker when positioned. They may operate a powered chair, otherwise are transported in a manual wheelchair.



## GMFCS Level V

Youth are transported in a manual wheelchair in all settings. Youth are limited in their ability to maintain antigravity head and trunk postures and control leg and arm movements. Self-mobility is severely limited, even with the use of assistive technology.